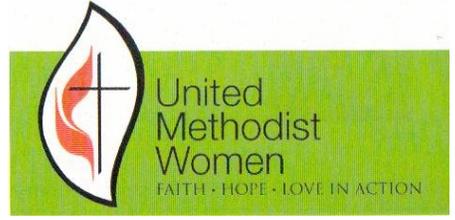


Capital Comments

Keeping Capital District United Methodist Women Informed



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PRESIDENT'S MESSAGE

Dear Capital District United Methodist Women,

As I am writing this, winter has finally arrived in Wisconsin. I will admit that I have enjoyed the warm weather and lack of snow. Spring will be here soon, and that is my favorite time of year. Spring is like a new beginning with the plants starting to bud and grass greening and the start of baseball season.

This spring will offer two opportunities to gather for mission education and fellowship. Mark your calendars and plan to attend. I hope to see you at one or both of these events.

The Conference **Mission Action Day** is March 24th at Tomah First United Methodist Church. The focus of the day will be on human trafficking. There is registration information for this event included in this newsletter.

The Capital District **Spiritual Growth Retreat** is April 28th at Monona United Methodist Church. This year the theme is "Immigration in the Bible". This is the spiritual growth study at School of Christian Mission this summer. The retreat is a good opportunity for those of you who are unable to attend school to explore this study. The registration flyer for this event is included in this newsletter.

The contact information for the district officers and the sister units are included in this newsletter. I encourage you to invite your sister to join you for a special program or meeting. We are here to support you any way we can. You don't have to wait for us to contact you if you have a question or need help.

I am interested in what information is being included in the handbooks. This was discussed during our president's time together last fall at the Annual Gathering. I want to use the books for future training events. You can send your book to me, or you can bring it to the Spiritual Growth Retreat.

I would like each unit to send me your 2012 handbook.

Blessings,
 Linda Whitelock
 Capital District President

Spiritual Growth Retreat

WELCOME THE TRAVELER

Immigration in the Bible

Saturday, April 28, 2012
 Monona UMC, Monona, WI
 8:30am coffee & registration
 to 3:00pm sending forth
 See pages 7 & 8

FROM YOUR VICE PRESIDENT ~ MISSION IN CHALLENGING TIMES

Happy New Year, UMW sisters and friends!

Happy New Year, Dear UMW sisters! I certainly don't know where the month of January has gone, but time has flown by very quickly. It's good to have a month of winter behind us so spring will arrive all that much sooner. As Capital District Vice President that also means I have one less month for planning our Annual Gathering on September 29th at Portage UMC.

Here's some of what we're planning for our 2012 Annual Gathering. Once again, our theme will be "Faith, Hope and Love in Action." This year we will focus on "Mission in Challenging Times." As you know, several challenging issues are before us - immigration, human trafficking, the economy and our own future as United Methodist Women, to name just a few. At the School of Christian Mission this summer, the country study will be **Haiti**, the Spiritual Growth study will be **Immigration in the Bible**, and the issue study will be on **poverty**.

For the years that I've helped plan our AG we have included opportunities to learn about mission through workshops, keynote addresses, worship and even food. We've also included opportunities for personal inspiration and interaction with people in mission. This year will be no different. Some of you have asked that we find time to share what you are doing in your units so you can learn from one another. We also know that making time available to catch up with dear friends from across the district is very important. So as we continue our planning we promise that you will learn, laugh and be inspired on September 29th in Portage. Please put the date and place on your calendar, and join your Capital District sisters (and possibly brothers) to put "Faith, Hope and Love in Action" for "mission in challenging times." More details will be available in our next newsletter.

See you in Portage if not before!

In the meantime, be sure to read about and participate in several opportunities for inspiration and education described elsewhere in the newsletter. I urge you to check out our Women's Division UMW website at:

<http://new.gbgm-umc.org/umw/>
for more mission news and places to help. To stay on top of the mission work of our church, please go to our Board of Global Ministries website:

<http://new.gbgm-umc.org/>
Ideas about what you can do abound on both websites! Please check them out

and get going on a project as an individual or with your local unit. There is no shortage of excellent programming ideas on the web and in *Response* and *New World Outlook* magazines!

Attend our coming conference and district events and expect your souls to be nourished and to be spurred into action on behalf of women, children and youth here and around the world.

In mission together,
Sue Plasterer
Capital District Vice President

YOUR NOMINATING COMMITTEE NEEDS YOUR HELP

Dear Sisters in Christ,

We are all responsible for searching for the "right" woman for the "right" position in United Methodist Women. We need to be alert to the sometimes hidden talents of our UMW sisters. We need to be prayerful in our looking—we need to be listening to that still, small voice—we need to be alert. Let us all be looking: possibly that newly retired woman is looking to remain active; maybe that young mother needs a different kind of challenge. Keep your eyes open!

Yours in Christ's love,

Nancy Hansen-Bennett, chair
Capital District Nominating Committee
608.752.9149 or 608.290.0200

"Welcome the Traveler"

The theme of our 2012 Capital District Spiritual Growth Retreat for ALL women in our district will be exploring the Biblical and theological understandings of immigration, immigrants, and migration. We will examine what it is to be a sojourner and to live the Biblical mandate of hospitality for "the stranger" and "aliens" in our midst.

The Rev. Mary Kathryn Pearce, 2011 SOCM teacher on "Forgiveness, Restorative Justice, and Reconciliation," will challenge us as our guide. She is an elder in the Illinois Great Rivers Conference, currently appointed to Prospect UMC in Dunlap, Illinois. She is the author of various program materials for Response magazine, and a facilitator for UMW Assembly focus groups.

A filled car load of UMW sisters fills one's spirit to overflowing....
UMW proverb.

A flier page, a map to Monona UMC, and your registration form are included in this newsletter. Please make copies of the flier for your unit, circles, and church bulletin boards, and include this information in your church newsletter. We will gather at 8:30 am on Saturday, April 28th for coffee and fellowship, share lunch with new and faithful friends, and sing and study and laugh together until about 3 pm when we will depart for home. Free childcare will be available if requested in your preregistration...deadline for everyone is April 21st.

If you have any questions, please contact Mary Friederich, grandmary9@gmail.com, or call her at 608-897-2399.

Your district team is eager to welcome you, the traveler, as we grow in mission together.

Mary Friederich
Spiritual Growth

MISSION OPPORTUNITY!!

Have we got a deal for you! A hands-on mission opportunity with a little sight-seeing on the side. Jobs for everyone (men, women, and teens): sit-down, stand-up, sewing, painting, packing, sawing, sorting, staining, ...whatever... there will be something you can do that will help. Plus a visit to the fantastic Lincoln Museum in Springfield, Illinois, with a lot of pleasant companionship.

Join circuit 44 on a trip to
Midwest Mission Distribution Center in Chatham, IL.

MAY 21-25, 2013

Save the date—er, week!

See UMCOR kits being packed. Pack one or two yourself. Cleaning buckets, health kits, school bags...you will see where your donations go.

Questions? Contact Lorena Holman 262-728-3600, or lorena7NT@charter.net



Email Version of Capital Comments. If you would like to receive your Capital Comments newsletter by email, please send an email request to gerlaj@gmail.com. The newsletter comes in PDF form which can usually be opened by anyone. If you should have difficulty opening the newsletter, simply go to www.adobe.com and download the free Adobe Reader.

MISSION ACTION DAY

WISCONSIN CONFERENCE UNITED METHODIST WOMEN PRESENT –

HUMAN TRAFFICKING **101** and a HOPEFUL RESOURCE

Guest Speaker: Jane Tafel,
Eau Claire Lake Street UMC
United States Director for Hagar International

Date: Saturday, March 24, 2012

Where: Tomah First United Methodist Church
1055 Butts Avenue, Tomah, WI 54660
608-372-4543

Time: Registration–9:30 AM,
Program-10:00 AM,
Sending Forth-2:45PM

HOPE TO SEE YOU THERE!

REGISTRATION FOR MISSION ACTION DAY - DUE BY MARCH 18, 2012

Please Print

NAME _____ PHONE _____

ADDRESS _____ EMAIL _____

CITY _____ STATE/ZIP _____

LOCAL CHURCH _____ DISTRICT _____

___ Childcare needed? for ___ children, ages _____ (please bring sack lunch(es) for them)
No registration fee required for children

REGISTRATION: \$10.00 per person, includes lunch.

List more names on a separate sheet.

Please make checks payable to:

WI CONFERENCE UMW

_____ Persons attending
@ \$10.00 each

Mail to: **Dodie Smith**
1927 17th Ave.
Kenosha, WI 53140

TOTAL ENCLOSED:

\$ _____

SOCIAL ACTION ~ AWARENESS OF DOMESTIC VIOLENCE

Domestic Violence Awareness Month (DVAM), first observed in 1987, evolved from the "Day of Unity" begun in 1981 by the **National Coalition Against Domestic Violence**. The "Day of Unity" became week, with a wide range of activities, and then became **DVAM** in October 1987. That same year marks the initiation of the first national domestic violence toll-free hotline. Each year the Day of Unity is celebrated the first Monday of Domestic Violence Awareness Month.

United Methodist Women and United Methodist Men endorsed a message addressing Violence Against Women. The Council of Bishops of the United Methodist Church signed this in 2006: "We proclaim... that violence against women exists in all communities, including our own, and is morally, spiritually, and universally intolerable. We commit ourselves to working toward the day when all women will be safe, and abuse will be no more."

DO CHRISTIANS REALLY NEED TO BE INVOLVED?

In 1992 the **Surgeon General, C. Everett Koop**, stated that domestic violence perpetrated by males accounted for more adult female emergency room visits than traffic, accidents, muggings, and rapes combined, and is the single greatest cause of injury to American women. He declared it a national health crisis.

- 1 in 3-4 women will experience abuse in their lifetime.
- 1 in 6 men will experience abuse in their lifetime.
- 28% of marriages contain physical violence, 50-56% contain abuse in some form.
- 1 in 3 teens and young adults will experience physical abuse in a dating relationship.
- 90% of women inmates report having experienced sexual, emotional, or physical abuse before incarceration.
- People with strong religious beliefs stay longer in abusive relationships because faith beliefs get mixed into it.
- Abusers are more likely to go for help when the pastor says go than if another says go, even a court order.

What Churches Can Do

UMW recommends the one-hour program "What Churches Can Do" from Faith Trust Institute in Seattle, WA (www.faithtrustinstitute.org)

This Christian education program offers basic information on domestic violence, as well as concrete ideas about how congregations can become involved in prevention and can offer a safe space for battered women. This resource is available from the Office of Children, Youth and Family Advocacy by calling [212-682-3633](tel:212-682-3633) or by e-mailing domesticviolence@unitedmethodistwomen.org. (Check with your Conf. Social Action Coord. or Vice President.)

The Christian Coalition Against Domestic

Abuse's mandate from the Lord is to help those in need. We are to be the salve of compassion that our Lord has instructed (Leviticus 19:16). We must speak out and let others know that abusive behaviors are wrong - always - and that no one deserves to be abused. Jesus calls us to peace in our land, in our work, in our friendships, and especially in our homes (Isaiah 60:18).

Resources and contacts:

Callers can get help through the National Domestic Violence Hotline (1-800-799-SAFE [7233] or TTY [1-800-787-3224](tel:1-800-787-3224)) 24 hours a day.

The National Teen Dating Abuse Helpline (www.loveisrespect.org, [1-866-331-9474](tel:1-866-331-9474), or TTY [1-866-331-8453](tel:1-866-331-8453)) provides help and resources, including confidential online support, for teens who are concerned about their relationships.

Upcoming UMW Social Action Events:

MISSION ACTION DAY - see page 4.

Whitewater UMW unit meeting - May 10, 2012.

Please join us for a presentation by Dr. Suzanne Popke, who will speak on the subject of Domestic

Violence and Abuse. Supper is at 6 PM and her talk is at 7 PM. [262-308-8752](tel:262-308-8752)

"You must be the change you wish to see in the world." Mohandas Gandhi Elaine Frietsch
Social Action

Excerpts from Paul Webster's August 2011 email:

We never live in perfect and stable times. This "Great Recession" is a reminder of this.

Yet, as Christians, we are enjoined to invest and to give so that the Holy Spirit can multiply those gifts and bring us an even greater reward.

At Mujila Falls, dedicated Christians and congregations

have been casting their "bread upon the waters" for ten years.

I am here to report that your "bread" is returning to you in saved lives, surplus food that can be sold to support families, better health, lower infant mortality, longer life expectancy, and new hope that the land of Africa can support people in an abundant way.

Along the way, people are coming to Christ as we demonstrate His love through our work.

I THANK THE MANY CONGREGATIONS THAT HAVE MADE ALL OF THE WORK POSSIBLE. I HUMBLY REQUEST THAT YOU CONTINUE TO SUPPORT OUR WORK INTO THE FUTURE.

**YOUR SERVANT IN CHRIST
PAUL L. WEBSTER**

HMONG HOUSE NEEDS MOOLA CAPS AND BAG TOPS!!!

Keep those Moola caps and bag tops coming from Kwik Trip gas stations! (also Glazer Donut ovals)

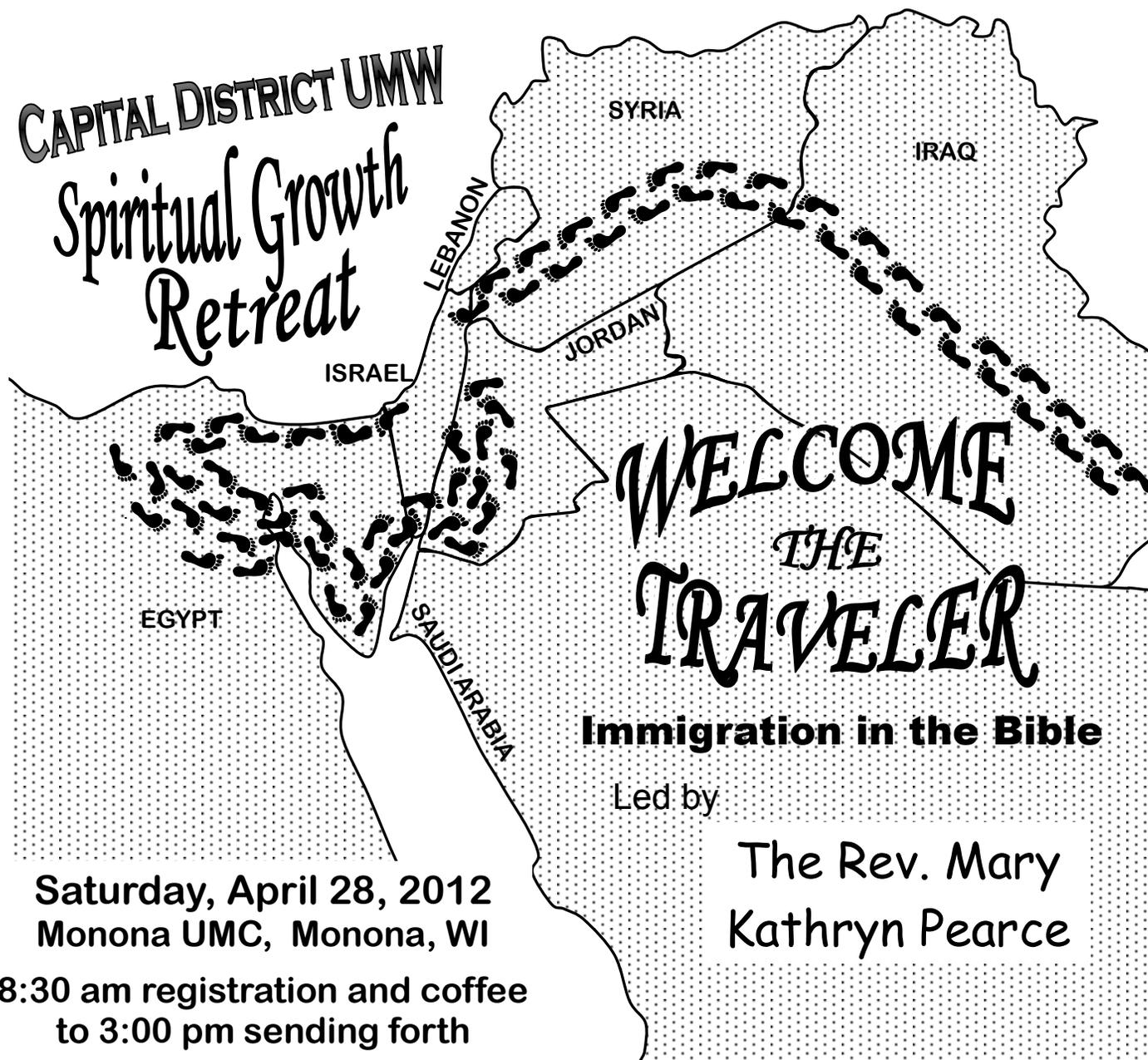
We just sent in our first bundle for which we will receive \$50 for Hmong House of Good News. Finding that we were 4 caps short, Lydia Circle in Wisconsin Rapids made a valiant effort to buy single serving bottles of milk and juice in order to reach the goal of 1000 pieces, the minimum number allowed per reimbursement request.

Thank you to all who have been saving these items for Hmong House. Remember to bring them to every district or conference event. Your Education and Interpretation Coordinators will collect them.

Judy Vasby
President, Wisconsin Conference UMW
HHGN board member
vasby.umw@gmail.com
608-576-0173

Hmong House of Good News is a mission dedicated to providing physical, emotional, and spiritual support to Hmong elderly, age 55 and older, in the greater Milwaukee area. Elders say they have found such hope at Hmong House that they have turned away from suicide. Some have encountered the Lord Jesus for the first time.

CAPITAL DISTRICT UMW
*Spiritual Growth
Retreat*



**WELCOME
THE
TRAVELER**

Immigration in the Bible

Led by

The Rev. Mary
Kathryn Pearce

Saturday, April 28, 2012
Monona UMC, Monona, WI

8:30 am registration and coffee
to 3:00 pm sending forth

\$15 in advance
(includes welcome snacks and lunch)
(\$17 at the door)

Free childcare available
if requested with paid
registration (bring
brown bag lunch for
your little one).

Questions? Ask
Mary Friederich
608-897-2399
grandmary9@gmail.com

Registrar: Jan Wanek,
5313 Vicar Lane, Madison, WI 53714
Phone: 608-222-7642.

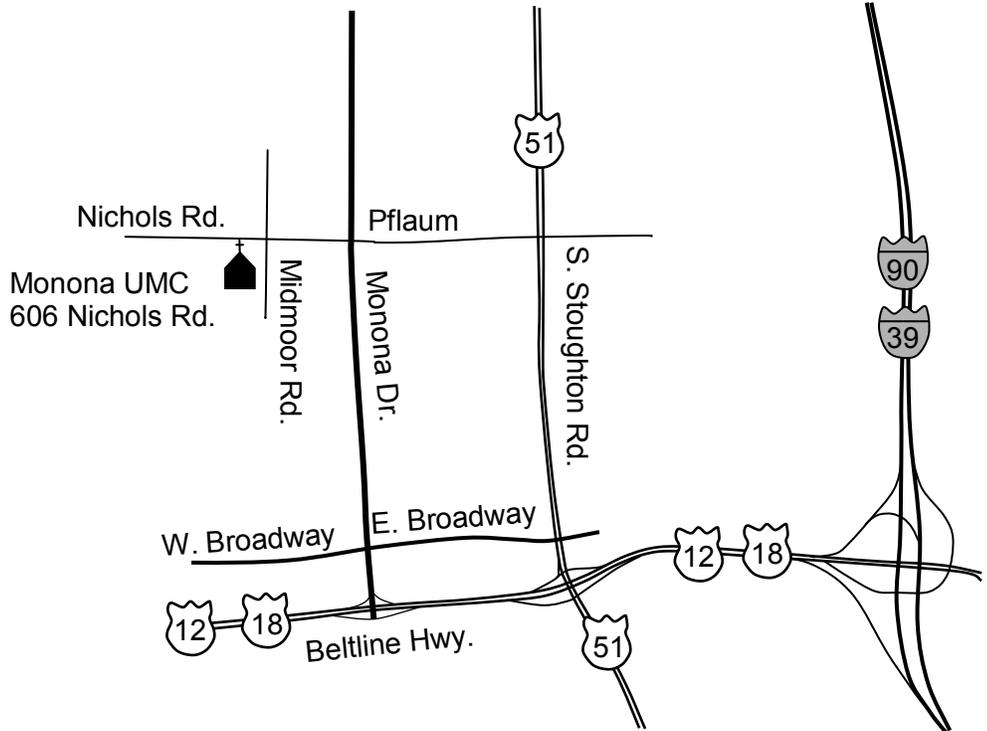
Make checks payable to
Capital District UMW
Register by April 21, 2012

CAPITAL DISTRICT SPIRITUAL GROWTH RETREAT - MAP
 Saturday, April 28, 2012 at Monona UMC, 606 Nichols Rd., Monona
 8:30 am registration and coffee to 3:00 pm sending forth

DRIVING DIRECTIONS:

From the Madison Beltline Hwy (Hwys 12 & 18), take the Monona Drive exit north to Nichols Rd. and turn left. The church is on the corner of Nichols Rd. and Midmoor Rd.

Questions? Ask Mary Friederich
 608-897-2399
 grandmary9@gmail.com



+ + + + +
SPRING RETREAT REGISTRATION FORM - DUE BY APRIL 21, 2012
 Please Print

NAME _____ PHONE _____

ADDRESS _____

REGISTRATION PER PERSON:
 \$15.00

CHURCH/UNIT _____

Put any additional names on a separate sheet of paper.

TOTAL ENCLOSED: \$ _____

DO YOU NEED CHILD CARE? YES _____ NO _____
 (No registration fee, but bring sack lunch for child)

MAKE CHECK PAYABLE TO:
Capital District UMW

SEND FORM AND MONEY TO REGISTRAR:

**Registrar:
 Jan Wanek
 5313 Vicar Lane
 Madison, WI 53714
 Phone: 608-222-7642**



Anita Henderlight and Africa ELI 2012 Wisconsin Tour



She's coming back!

How many of you remember meeting Anita Henderlight at the Wisconsin School of Christian Mission several years ago? If you met Anita then, or at an event in 2011, you'll remember the passion and energy she brought to telling the story about the country of Sudan and her mission to educate girls and women in the southern part of the country.

You'll remember her

sharing the story of Africa Education and Learning Initiative (Africa ELI) and its mission.

Well, Anita is returning to Wisconsin to give us an update on "our" girls, the birth of South Sudan and much more. Go to <http://africaeli.org> to learn more or find Anita and Africa ELI on Facebook or follow them on twitter.

Scheduled as of January 29, she will be in the Capital District, the Heartland District, and the Winnebago District. More locations are yet to be confirmed. There are a few dates still available which will be filled on a first-come, first-served basis. Contact Sue Plasterer at 608-274-0275 or seplast@charter.net for more information.

Confirmed dates and places are:

- | | | |
|-----------|----------|--|
| April 11- | Wed. | Arrive Madison |
| April 12- | Thursday | Noon - Brodhead UMC;
Evening - begins at 5:30 - Madison-Bethany UMC |
| April 14- | Saturday | Mid-morning - Oshkosh Algoma UMC |
| April 15- | Sunday | All morning to early afternoon - Port Edwards UMC |
| April 18- | Wed. | Morning - 9:30-11am Whitewater UMC
Evening - Mauston UMC |
| April 19- | Thursday | Noon - Minocqua UMC;
Evening - Wausau First UMC (Pending) |
| April 21- | Saturday | Depart Madison |

For times, check with specific churches or contact Sue Plasterer.

PROGRAM RESOURCES ~ CAPITAL DISTRICT RULES

Happy New Year! from your Secretary of Program Resources

Our Annual Gathering was a success. I met with Program Resource Secretaries from around the district, and we talked about the changes to the reading program. If you were not able to be there that day, a President's packet was picked up or sent to your unit. In that packet there is a letter on many of the issues that were covered during training. There is also a handout that was created for you, "United Methodist Women Reading Program - An Introductory Overview." This overview can be posted in the UMW library or given to readers as a one-page information sheet. If you are in a church without an active unit at this time and are interested in the reading program, contact me for information. I enjoy visiting, and if your circle or unit would like to have a presentation on the reading program or School of Christian Mission, I would love to come and share. Another place I go to is UMW on-line. I find information on books and other interests of United Methodist Women. The discussions can be quite interesting. I was looking for ideas for our church library and heard from women all over the country. Hope your holidays were fun and that your year is blessed.

Special rule for study books from School of Christian Mission

This rule is for the Capital District reading program only: (a) because I find that the mission study books are some of the most important reading I do during the year; (b) because understanding our Church and our organization as part of our Church is taught in these books; and (c) because the information about what our church does in the world stays current.

I will accept any mission study book in any category that the unit decides to place it in. If you are an independent reader the decision is yours. I will also allow the books to be part of the list for five years, or six years for those studies that are repeated. These rules are for our district only. I am on-line in the UMW community to advocate for a freer use of the mission study books and will keep you updated about my efforts.

Children's books can be counted in Plans 3 and 4. Youth books count in all plans. Youth and children's mission study books do not count in any of the reading plans.

Leadership Development—

This year we have added Leadership Development as a new category to our Reading Program. Brenda Thompson, the head of the Reading Program, describes it in this way: "The new category on the 2012 list, Leadership Development, includes resources for leadership training and development for United Methodist Women. The books included will explore the many leadership roles women worldwide have achieved and continue to aspire to."



Reading Program Summary

There are five categories that are in the reading program at this time. We now have to read books in every category in all plans to receive a certificate.

- Plan 1 – read 5 books, 1 in each category, and "Response" magazine.
- Plan 2 – read 10 books, 2 in each category, and "Response" and "New World Outlook" magazines.
- Plan 3 – read 15 books, 2 in each category and "Response" and "New World Outlook" magazines.
- Plan 4 - read 20 books, 2 in each category, and "Response" and "New World Outlook" magazines.

Karen Mayeshiba
Program Resources

UNITS AND SISTERS (SISTER UNITS)

The following is a list of units/churches and their assigned sister district officer. Your sister officer should soon contact your unit by letter or phone call, asking to arrange to visit one of your meetings and offering to present a program, install officers, or just answer questions. Please give your sister a copy of your meeting schedule, and invite her for a visit. Thank you.

If you have a request for your sister officer before you receive your letter, feel free to contact her (some of us tend to procrastinate). There is contact information for all District Officers, and also for Conference Officers from Capital District on page 14.

Albany	Nancy Hansen-Bennett
Arlington	Kay Putman
Beloit: River of Life	Donna Bane
Briggsville	Cynthia Morse
Brodhead	Nancy Hansen-Bennett
Cambridge/Willerup	Linda K Whitelock
Darien/Allens Grove	Diane Quade
Delavan	Linda J Whitelock
Edgerton	Kathy Matteson
Janesville: Cargill	Judy Loveless
Janesville: Mt. Zion	Barbara Taylor
Jefferson Immanuel	Mary Anne Gerlach
Lake Mills	Judy Loveless/Linda Whitelock
Lodi	Linda K Whitelock
Madison: Asbury	Julie Mieke
Madison: Bashford	Sue Plasterer
Madison: Bethany	Anne Scott
Madison: Divine Savior	Karen Mayeshiba
Madison: First	Cynthia Morse
Madison: Sherman Avenue	Anne Scott
Milton	Elaine Talles Frietsch
Monona	Jeanette Retzlaff
North Windsor	Char Brereton
Orfordville: New Horizon	Mary Friederich
Pardeeville	Laura Pfeffer
Pleasant Valley	Judy Loveless
Portage	Sue Plasterer
Sharon	Mary Friederich
Stoughton	Mary Anne Gerlach
Waunakee Crossroads	Gloria Carter
Whitewater/LaGrange	Karen Mayeshiba

NORTHCOTT NEIGHBORHOOD HOUSE

Address: 2460 North 6th Street
Milwaukee, WI 53212-2756

Phone number: 414.372.3770

Website: www.northcotthouse.org

Labels for Northcott must include the UPC Code to be counted. Include the LABELS FOR EDUCATION symbol, also. (See sample at right.)



Did you know that Northcott has one of the oldest Head Start programs in the state? They currently serve more than 300 children at 3 Milwaukee locations. By offering a wide variety of educational, recreational and employment programs, Northcott reaches more than 10,000 community residents each year. Because of your generous giving they are able to empower families and make a positive difference in the lives of so many people.

I am always glad to take any donations to Northcott, so if your church should decide to have a special collection, just bring what you've received to the next District event and I'll take it from there! Also, **keep saving those labels!**

Barb Taylor,
Northcott Representative

EDUCATION & INTERPRETATION ~ MISSION TODAY REPORTS

United Methodist Women work for **MISSIONS!**

Some are local, and many reach out around the world. As always, the purpose of Mission Today is to fulfill the **PURPOSE** of United Methodist Women by:

- energizing United Methodist Women to be more involved in mission through prayer, study and action;
- increasing contacts between units and mission personnel and projects;
- encouraging use of mission resources; and
- expanding concepts of mission, including social justice as mission.

I have heard that Mission Today forms will have changes in 2013. So far I do not have what will change, but I will keep you updated as soon as I know. (Note the guidelines for 2012)

Our minister has been passing out Scripture lessons the past month, a very appropriate one has stuck in my mind, and I want to share it with you:

*May the Lord himself, who is our source of peace, give you peace at all times every way.
The Lord be with you all. 2 Thessalonians 3:16*

In this passage Paul was trying to tell the Thessalonians that no matter what is going on in our lives, we need to be firm in our faith and persevere in doing good.

Thank you once again for all you do, and God be with your United Methodist Units.

Char Brereton, Education & Interpretation

I would like to thank the sixteen Units that have sent me their Education & Interpretation forms. If you haven't sent in your forms, please send me your Unit's forms as soon as possible, even though it is now 2012, not 2011!

WISCONSIN CONFERENCE MISSION TODAY UNIT (Revised 4/16/11)

To become a *MISSION TODAY* Unit, the unit must meet eight of the following criteria, including four of those marked with an asterisk (*)

1. Use the Prayer Calendar at each general meeting to pray for mission workers and Projects.*
2. The unit will make and meet its Pledge to Mission.*
3. The unit will add at least one new member to its roll.*
4. The unit will have at least one member subscribe to **response** magazine.*
5. The unit will use two programs from the Program Book for United Methodist Women each year.*
6. The unit or circle will conduct at least one mission study a year.*
7. The unit will implement the Charter for Racial Justice Policies in at least one way during the year.*
Some suggested plans of action:
^Plan a unit meeting with a different racial/ethnic background, using programs from the Program Book. ^ Use Program plan for Charter prepared by Conference.
^Share worship service or meeting with speaker of another culture.
8. At least one member of the unit (other than a conference or district officer) will attend the Conference School of Christian Mission
9. At least two members (other than a conference or district officer) will attend the District Meeting or Conference Annual Gathering.
10. The unit will have at least one person join the United Methodist Women's Action Network to receive and respond to legislative information. Web address: <http://new.gbgm-umc.org/umw/act/network/>
11. Members will write or Email to five persons listed in the Prayer Calendar each year.
12. The unit will participate in the Campaign for Children in at least two ways.
Possibilities for action: ^Help sponsor a church or community program related to children and youth needs. ^Sponsor a Children's Sabbath, promoted by the Children's Defense Fund. ^Get involved with children in mentoring, tutoring and "big sisters" programs. ^Write letters, e-mail, or call congressional representatives and/or others in government regarding children's issues. ^Visit your local schools. ^Attend a school board meeting. ^Learn how our schools are funded.
13. The unit will be a Five Star unit, contributing to all five channels of Mission Giving.
14. Each unit or circle will include a **response magazine moment** where an item from the magazine will be lifted up as a way to tell the mission story.
15. Have at least two people from the unit, circle or subgroup complete one of the Reading Program Plans and report on one of the books read; encourage all members to complete Plan One, have a book review program.
16. The unit will invite a district or conference officer, other than that of a member of the unit, to one of the unit meetings during the year.
17. Make a pledge to care for God's creation and become a "Green" United Methodist Women unit (Get information on How to Become a Green Unit at <http://www.umwonline.org/environment> or contact Women's Division Community Action.
18. Hold a Mini-Spiritual Growth Retreat. See Program Book for ideas.
19. Unit to contribute at least \$25.00 for School of Christian Mission.

***** **These Guidelines to be used beginning year 2012** *****

Contact Information: 2012 Capital District Officers & Conference Officers from Capital District

<p>President Linda K. Whitelock (13) 6137 Dell Drive Madison, WI 53718 Ph: 608.223.9161 Email: whitelocklinda@att.net</p>	<p>Vice President Sue Plasterer (12) 6813 Winstone Dr. Madison, WI 53711 Ph: 608.274.0275 Email: seplast@charter.net</p>	<p>Secretary Judy Loveless (12) 815 Maple Rd Verona, WI 53593 Ph: 608.848.8243 Email: jcenmp@rit.edu</p>
<p>Treasurer Anne Scott (13) 2561 Roenoke Cr Madison, WI 53719 Ph: 608.271.4813 Email: ascott1167@aol.com</p>	<p>Communications Coordinator Mary Anne Gerlach (12) N7556 Esker Ct. Whitewater, WI 53190 Ph: 262.473.6781 Email: gerlaj@gmail.com</p>	<p>Social Action Elaine Talles Frietsch (13) 312 Amber Dr. Whitewater, WI 53190 Ph: 262.308.8752 Email: etfrietsch@aol.com</p>
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Are you longing to go back to school?

Heil Funds can help you!

For the past 28 years the Mabel Heil foundation has presented scholarships to over 230 women who were working to improve their education. Any female member of United Methodist Women is encouraged to apply.

To request a scholarship form, write to:

Yvonne Fiary 715.355.6133
203 E. Greenwood
Rothschild, WI 54474 yvfirary@yahoo.com



Instructions:

1. Be a female member of Wisconsin Conference United Methodist Women.
2. Submit a written answer to the question, "In what ways do I consider myself a worthy student?"
3. Send a completed application to the contact person by May 1 or October 1.
4. Request that a letter of recommendation be sent to the contact person by either the president of the local UMW or by a pastor of the church.
5. Request that a letter of recommendation be sent to the contact person by a church member who is not a member of your household and is not a relative.

Rules:

- A. Any member of Wisconsin Conference United Methodist Women working to improve her education may apply.
- B. All letters must be written (preferably typed) on one side of an 8 1/2 X 11 sheet of white paper, using black ink.
- C. All applications are photocopied for the committee members.
- D. Scholarships are awarded one semester at a time. To be considered again DURING a one year period, you must send a letter asking to be considered. AFTER one year, you will need to fill out another form and secure new recommendations.
- E. If, in any given year, there is an increase of applications, these priorities will be followed: Women responsible for others will be favored. Women preparing to return to the employment field will be favored.
- F. The schedule is: **First semester** Apply by May 1, Notified by June 1. Check given August 15. **Second semester** Apply by October 1, Notified by November 1, Check given by December 1
- G. Application and two (2) letters of recommendation MUST be postmarked no later than May 1 and October 1 to be considered.

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CAPITAL DISTRICT 2012 UMW EVENTS CALENDAR

Wisconsin Conference MISSION ACTION DAY
Human Trafficking 101 and a Hopeful Resource
March 24, Saturday, 9:30 a.m.-2:45 p.m.
at Tomah UMC, Tomah, WI

Capital District Spiritual Growth Retreat
April 28, Saturday, 9:00 a.m.-3:00 p.m.
at Monona UMC, Monona, WI

School of Christian Mission
July 31—Aug. 3, Tuesday-Friday Four-day school
August 4, Saturday, Drive-in day
at the Westwood Convention Center, Wausau, WI

Capital District Annual Gathering
September 29, Saturday, at Portage UMC, Portage, WI

Wisconsin Conference Annual Gathering
October 19 & 20, Friday-Saturday
at Sun Prairie UMC, Sun Prairie, WI