

**A Hymn Used for World Mental Health Day
Tune 'Blaenwern' or What a Friend We Have in Jesus**

God of dark and growing places
In the deep reside with me
Shadows gently hold and keep us
Where the warm unknowns may be
Hearts that fear to truly open, safely dwell in secrecy
Walk with us in shades of moonlight
As we share this mystery.

God of dark and growing places
God of pierced and strident minds
When I face the dread of endings
May your shaded silence shine?
When desire and love elude me,
when the dread of hope I face
In the cosmic depths of chaos.
May my seed of life lie safe.

God in dark and growing places
God in rich and formless voids
God in ordered, changing chaos
God in sorrow and in joy
When our hearts and minds are breaking,
we will dry each other's tears.
God of seeing and un-seeing
Of invisible and clear.